

Before reading the Torah:

Freely

Bar - chu et A-do-nai ha-m'-vo-rach! (Ba - ruch A-do-nai ha-m'-vo-rach l' - o-lam va - ed!)

Ba - ruch A-do-nai ha-m'-vo-rach l' - o-lam va - ed. Ba - ruch A-tah, A-do-nai

E - lo - hei - nu, Me-lech ha - o - lam, a - sher ba - char ba - nu mi - kol ha - a - mim

v' - na-tan la-nu et To-ra-to. Ba - ruch A-tah, A-do-nai, no - tein ha-To-rah. —

After reading the Torah:

Freely

Ba - ruch A-tah, A-do-nai E - lo - hei - nu, Me-lech ha - o - lam,

a - sher na-tan la-nu To-rat e - met v' - cha - yei o - lam na - ta b' - to - chei - nu.

Ba - ruch A-tah, A-do-nai, no - tein ha-To-rah. —

בְּרַכּוּ אֶת־יְיָ הַמְּבֹרָךְ!
 בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד!
 בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
 אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.
 בְּרוּךְ אַתָּה, יְיָ נוֹתֵן הַתּוֹרָה.

Praise God, the One who is praised. Praised be God, the One who is praised, now and forever.

Blessed are You, Eternal God, Ruler of the universe, who has chosen us from all peoples by giving us the Torah. Blessed are You, Eternal God, Giver of the Torah.

בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
 אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.
 בְּרוּךְ אַתָּה, יְיָ נוֹתֵן הַתּוֹרָה.

Blessed are You, Eternal God, Ruler of the universe, who has given us a Torah of truth, implanting within us eternal life. Blessed are You, Eternal God, Giver of the Torah.